

## 2009 HGB Live.Life.Nspired 5K Run Results

### Overall Female Open Winners

| Place | Name            | City           | Age | Overall | Time    | Pace   |
|-------|-----------------|----------------|-----|---------|---------|--------|
| 1     | Lanni Marchant  | Okemos MI      | 25  | 4       | 17:17.6 | 5:35/M |
| 2     | Denisa Costescu | Walled Lake MI | 33  | 5       | 17:54.1 | 5:46/M |
| 3     | Sarah Sandborn  | Portland MI    | 27  | 16      | 20:10.5 | 6:30/M |

### Overall Female Masters Winner

| Place | Name             | City         | Age | Overall | Time    | Pace   |
|-------|------------------|--------------|-----|---------|---------|--------|
| 1     | Ann Boyd-Stewart | Ypsilanti MI | 45  | 19      | 20:32.5 | 6:37/M |

### Female 14 and under

| Place | Name               | City            | Age | Overall | Time    | Pace    |
|-------|--------------------|-----------------|-----|---------|---------|---------|
| 1     | Andrea Garza       | Charlotte Mi    | 13  | 50      | 23:08.0 | 7:28/M  |
| 2     | Danielle Hack      | Linden Mi       | 12  | 51      | 23:08.1 | 7:28/M  |
| 3     | Lucy Sare          | Charlotte Mi    | 13  | 56      | 23:18.7 | 7:31/M  |
| 4     | Caitlin Henne      | Eaton Rapids MI | 9   | 62      | 23:39.9 | 7:38/M  |
| 5     | Chelsea Meeker     | Olivet Mi       | 13  | 75      | 24:34.7 | 7:55/M  |
| 6     | Katie Francisco    | Olivet MI       | 13  | 86      | 25:27.7 | 8:13/M  |
| 7     | Jena Burley        | Howell MI       | 11  | 94      | 25:48.9 | 8:19/M  |
| 8     | Taylor Richey      | Charlotte Mi    | 14  | 106     | 26:18.5 | 8:29/M  |
| 9     | Kaitlin Stults     | Charlotte Mi    | 13  | 129     | 28:11.6 | 9:05/M  |
| 10    | Lauren Coffman     | Potterville Mi  | 14  | 130     | 28:14.2 | 9:06/M  |
| 11    | Lexi Sawyer        | Charlotte Mi    | 11  | 146     | 29:37.2 | 9:33/M  |
| 12    | Hannah Vanderstelt | Charlotte Mi    | 11  | 149     | 29:46.4 | 9:36/M  |
| 13    | Kirstin Anderson   | Potterville MI  | 12  | 151     | 29:53.0 | 9:38/M  |
| 14    | Maria Grosso       | Charlotte Mi    | 13  | 153     | 29:58.8 | 9:40/M  |
| 15    | Syrina Lounsberry  | Charlotte MI    | 9   | 168     | 31:21.6 | 10:07/M |
| 16    | Courtney Kirchen   | Charlotte MI    | 13  | 185     | 33:18.5 | 10:45/M |
| 17    | Jenie Lubick       | Potterville Mi  | 12  | 211     | 39:41.1 | 12:48/M |

### Female 15 to 19

| Place | Name                | City         | Age | Overall | Time    | Pace   |
|-------|---------------------|--------------|-----|---------|---------|--------|
| 1     | Kial Schafer        | Bellevue Mi  | 18  | 27      | 21:05.8 | 6:48/M |
| 2     | Ashley Hamilton     | Charlotte MI | 17  | 29      | 21:18.4 | 6:52/M |
| 3     | Whitney Royston     | Charlotte Mi | 15  | 72      | 24:05.8 | 7:46/M |
| 4     | Samantha Freiburger | Charlotte Mi | 16  | 73      | 24:08.5 | 7:47/M |
| 5     | Kelsey Fraley       | Olivet MI    | 15  | 74      | 24:34.3 | 7:55/M |
| 6     | Taelor Johns        | Charlotte MI | 16  | 104     | 26:12.8 | 8:27/M |

### Female 20 to 24

| Place | Name           | City            | Age | Overall | Time    | Pace    |
|-------|----------------|-----------------|-----|---------|---------|---------|
| 1     | Abby Tirrell   | Charlotte MI    | 23  | 63      | 23:40.0 | 7:38/M  |
| 2     | Teresa Freundl | Houghton Mi     | 23  | 65      | 23:46.5 | 7:40/M  |
| 3     | Rachel Winters | Okemos MI       | 21  | 83      | 25:15.8 | 8:09/M  |
| 4     | Marcia Miars   | Charlotte MI    | 24  | 148     | 29:41.1 | 9:35/M  |
| 5     | Jessica Frazee | Battle Creek MI | 23  | 187     | 33:54.5 | 10:56/M |

### Female 25 to 29

| Place | Name              | City         | Age | Overall | Time    | Pace   |
|-------|-------------------|--------------|-----|---------|---------|--------|
| 1     | Kendra Waldie     | Lansing Mi   | 29  | 52      | 23:11.9 | 7:29/M |
| 2     | Rebecca Molski    | Bellaire MI  | 25  | 68      | 23:55.6 | 7:43/M |
| 3     | Lauren Hansbarger | Howell MI    | 26  | 105     | 26:15.4 | 8:28/M |
| 4     | Megan Merrill     | Onondaga Mi  | 29  | 116     | 27:17.0 | 8:48/M |
| 5     | Jessica Flower    | Nashville MI | 28  | 141     | 28:48.0 | 9:17/M |
| 6     | Molly Kleinfeld   | Olivet MI    | 26  | 143     | 29:07.0 | 9:24/M |

|    |                    |                 |    |     |         |         |
|----|--------------------|-----------------|----|-----|---------|---------|
| 7  | Rebecca Schafer    | Otsego MI       | 26 | 152 | 29:56.7 | 9:39/M  |
| 8  | Morene McGill      | Charlotte MI    | 26 | 154 | 30:14.8 | 9:45/M  |
| 9  | Jamie Sherman      | Charlotte MI    | 27 | 156 | 30:23.0 | 9:48/M  |
| 10 | Sarah McNair       | Portland MI     | 27 | 157 | 30:32.4 | 9:51/M  |
| 11 | Lindsay Hansbarger | Charlotte MI    | 26 | 159 | 30:35.6 | 9:52/M  |
| 12 | Annie Eggleston    | Charlotte MI    | 29 | 162 | 30:48.5 | 9:56/M  |
| 13 | Candace Burch      | Charlotte MI    | 28 | 163 | 31:07.8 | 10:02/M |
| 14 | Erin Ketchum       | Battle Creek MI | 26 | 172 | 31:34.4 | 10:11/M |
| 15 | Casey Hoefler      | Vermontville MI | 29 | 186 | 33:23.9 | 10:46/M |
| 16 | Melissa Connors    | Charlotte Mi    | 29 | 194 | 34:10.6 | 11:01/M |
| 17 | Casey Thomas       | Charlotte MI    | 29 | 196 | 34:49.8 | 11:14/M |
| 18 | Dara Sisoura       | Ada MI          | 27 | 209 | 38:56.3 | 12:34/M |
| 19 | Tiarra Weldon      | East Lansing MI | 28 | 213 | 40:32.0 | 13:05/M |

## Female 30 to 34

| Place | Name             | City            | Age | Overall | Time    | Pace    |
|-------|------------------|-----------------|-----|---------|---------|---------|
| 1     | Susan Fhaner     | Potterville Mi  | 33  | 76      | 24:36.7 | 7:56/M  |
| 2     | Laura Griffith   | Springport Mi   | 34  | 78      | 24:45.0 | 7:59/M  |
| 3     | Holly Gutierrez  | Isabella Mi     | 34  | 82      | 24:59.4 | 8:04/M  |
| 4     | Heather Waito    | Albion MI       | 33  | 110     | 26:28.6 | 8:32/M  |
| 5     | Wendy Murray     | Olivet MI       | 33  | 123     | 27:41.9 | 8:56/M  |
| 6     | Jennifer Gusey   | Vermontville Mi | 32  | 127     | 28:05.6 | 9:04/M  |
| 7     | Amelia Rhodes    | Nashville Mi    | 32  | 128     | 28:05.9 | 9:04/M  |
| 8     | Stephanie Weaver | Charlotte Mi    | 30  | 135     | 28:19.9 | 9:08/M  |
| 9     | Rachel Layne     | East Lansing MI | 33  | 145     | 29:33.2 | 9:32/M  |
| 10    | Erin McLain      | Charlotte Mi    | 30  | 147     | 29:37.5 | 9:33/M  |
| 11    | Heather Sanders  | Charlotte Mi    | 33  | 190     | 34:00.0 | 10:58/M |
| 12    | Erin Reed        | Charlotte MI    | 30  | 203     | 36:15.8 | 11:42/M |
| 13    | Heidi Kirchen    | Charlotte MI    | 32  | 204     | 36:43.7 | 11:51/M |
| 14    | Julie Rossman    | Jerome MI       | 32  | 205     | 36:46.9 | 11:52/M |

## Female 35 to 39

| Place | Name               | City            | Age | Overall | Time    | Pace    |
|-------|--------------------|-----------------|-----|---------|---------|---------|
| 1     | Christina Burley   | Howell MI       | 39  | 39      | 22:43.1 | 7:20/M  |
| 2     | Sarah Richburg     | Eaton Rapids MI | 39  | 69      | 23:57.0 | 7:44/M  |
| 3     | Kelley Hazel       | Charlotte Mi    | 37  | 98      | 25:56.4 | 8:22/M  |
| 4     | Dawn Vanalstine    | Charlotte Mi    | 35  | 99      | 25:57.0 | 8:22/M  |
| 5     | Kimberly Poupard   | Charlotte MI    | 39  | 109     | 26:27.3 | 8:32/M  |
| 6     | Deena Dunkle       | Clare MI        | 38  | 118     | 27:21.8 | 8:49/M  |
| 7     | Shannon Lounsberry | Charlotte MI    | 36  | 124     | 27:42.7 | 8:56/M  |
| 8     | Christa McLane     | Olivet MI       | 37  | 125     | 27:47.9 | 8:58/M  |
| 9     | Elizabeth Hoogstra | Charlotte MI    | 36  | 138     | 28:29.3 | 9:11/M  |
| 10    | Shannon Zinser     | Clare MI        | 39  | 142     | 28:48.2 | 9:17/M  |
| 11    | Christina Peek     | Charlotte MI    | 36  | 170     | 31:31.4 | 10:10/M |
| 12    | Becky Toodzio      | Eaton Rapids MI | 38  | 183     | 32:42.3 | 10:33/M |
| 13    | Julie Crossman     | Charlotte MI    | 38  | 189     | 33:59.7 | 10:58/M |
| 14    | Charise Blossom    | Woodland MI     | 36  | 192     | 34:04.7 | 10:59/M |
| 15    | Amy Derosier       | Lansing MI      | 37  | 207     | 37:39.0 | 12:09/M |

## Female 40 to 44

| Place | Name             | City            | Age | Overall | Time    | Pace    |
|-------|------------------|-----------------|-----|---------|---------|---------|
| 1     | Mandy Baker      | Charlotte Mi    | 41  | 64      | 23:41.2 | 7:38/M  |
| 2     | Karen Anderson   | Potterville MI  | 40  | 121     | 27:32.5 | 8:53/M  |
| 3     | Larisa Ballard   | Potterville MI  | 41  | 134     | 28:18.1 | 9:08/M  |
| 4     | Amy Usiak        | Charlotte MI    | 40  | 136     | 28:20.1 | 9:08/M  |
| 5     | Kimberly Johnson | Charlotte Mi    | 40  | 144     | 29:30.0 | 9:31/M  |
| 6     | Susan Crandall   | Eaton Rapids MI | 42  | 160     | 30:41.2 | 9:54/M  |
| 7     | Christina Moore  | Vermontville MI | 43  | 174     | 31:45.4 | 10:15/M |
| 8     | Teresa Ayers     | Charlotte Mi    | 42  | 191     | 34:04.3 | 10:59/M |
| 9     | Karen Konopinski | Charlotte MI    | 44  | 198     | 35:19.7 | 11:24/M |
| 10    | Tammy Francisco  | Olivet MI       | 41  | 201     | 36:14.6 | 11:41/M |

|    |                |              |    |     |         |         |
|----|----------------|--------------|----|-----|---------|---------|
| 11 | Erica Coolidge | Charlotte MI | 44 | 202 | 36:14.9 | 11:41/M |
|----|----------------|--------------|----|-----|---------|---------|

## Female 45 to 49

| Place | Name           | City           | Age | Overall | Time    | Pace    |
|-------|----------------|----------------|-----|---------|---------|---------|
| 1     | Cheryl Swink   | Holt MI        | 45  | 79      | 24:48.2 | 8:00/M  |
| 2     | Barb Schelter  | Woodland Mi    | 46  | 89      | 25:32.1 | 8:14/M  |
| 3     | Cyndi Davidson | Mulliken MI    | 47  | 108     | 26:25.7 | 8:31/M  |
| 4     | Cynthia Lucas  | Potterville Mi | 48  | 115     | 27:10.7 | 8:46/M  |
| 5     | Mary Boudreau  | Lansing MI     | 47  | 155     | 30:15.4 | 9:45/M  |
| 6     | Tracy L Wilson | Charlotte MI   | 47  | 197     | 35:13.8 | 11:22/M |
| 7     | Mindy Mann     | Potterville Mi | 49  | 200     | 36:00.1 | 11:37/M |
| 8     | Robin Mitschke | Charlotte MI   | 47  | 208     | 38:39.0 | 12:28/M |
| 9     | Deb Zimmerman  | Charlotte MI   | 48  | 210     | 39:28.2 | 12:44/M |
| 10    | Kathy MacLaren | Lansing MI     | 46  | 212     | 39:50.6 | 12:51/M |

## Female 50 to 54

| Place | Name           | City            | Age | Overall | Time    | Pace    |
|-------|----------------|-----------------|-----|---------|---------|---------|
| 1     | Monica Fox     | Mt. Pleasant Mi | 50  | 91      | 25:42.2 | 8:17/M  |
| 2     | Maryann Baxter | St. Johns Mi    | 52  | 165     | 31:10.6 | 10:03/M |
| 3     | Sue Carpenter  | Charlotte Mi    | 52  | 181     | 32:14.5 | 10:24/M |
| 4     | Tonya Vanburen | Charlotte Mi    | 50  | 184     | 32:51.9 | 10:36/M |
| 5     | Cindy Blasius  | Holt MI         | 54  | 199     | 35:43.8 | 11:31/M |

## Female 55 to 59

| Place | Name             | City       | Age | Overall | Time    | Pace    |
|-------|------------------|------------|-----|---------|---------|---------|
| 1     | Anne Boomershine | Lansing MI | 57  | 70      | 24:00.8 | 7:45/M  |
| 2     | Nancy Ulrey      | Holt Mi    | 55  | 206     | 36:56.4 | 11:55/M |

## Female 60 and over

| Place | Name        | City       | Age | Overall | Time    | Pace    |
|-------|-------------|------------|-----|---------|---------|---------|
| 1     | Marge Novak | Lansing Mi | 63  | 178     | 31:49.7 | 10:16/M |

## Overall Male Open Winners

| Place | Name           | City            | Age | Overall | Time    | Pace   |
|-------|----------------|-----------------|-----|---------|---------|--------|
| 1     | Emmanuel Korir | Lansing Mi      | 28  | 1       | 14:30.8 | 4:41/M |
| 2     | Jake Crowe     | Grand Ledge MI  | 27  | 2       | 15:35.1 | 5:02/M |
| 3     | Frad Ziemer    | Eaton Rapids Mi | 21  | 3       | 17:12.7 | 5:33/M |

## Overall Male Masters Winner

| Place | Name          | City           | Age | Overall | Time    | Pace   |
|-------|---------------|----------------|-----|---------|---------|--------|
| 1     | David Huckins | Grand Ledge MI | 43  | 8       | 18:21.7 | 5:55/M |

## Males 14 and Under

| Place | Name            | City           | Age | Overall | Time    | Pace    |
|-------|-----------------|----------------|-----|---------|---------|---------|
| 1     | Noah Usiak      | Charlotte MI   | 10  | 32      | 21:40.4 | 6:59/M  |
| 2     | Owen Rush       | Charlotte Mi   | 11  | 34      | 21:54.5 | 7:04/M  |
| 3     | Ethan Clark     | Charlotte Mi   | 10  | 45      | 22:59.0 | 7:25/M  |
| 4     | Justin Anderson | Potterville MI | 10  | 66      | 23:52.1 | 7:42/M  |
| 5     | Dillon Rush     | Charlotte Mi   | 14  | 81      | 24:51.9 | 8:01/M  |
| 6     | Sam Hazel       | Charlotte Mi   | 11  | 95      | 25:49.7 | 8:20/M  |
| 7     | Charlie Hazel   | Charlotte Mi   | 8   | 122     | 27:41.5 | 8:56/M  |
| 8     | Noah Clark      | Charlotte Mi   | 11  | 132     | 28:16.1 | 9:07/M  |
| 9     | Blaine Somers   | Charlotte MI   | 10  | 180     | 32:12.9 | 10:23/M |

## Male 15 to 19

| Place | Name | City | Age | Overall | Time | Pace |
|-------|------|------|-----|---------|------|------|
|-------|------|------|-----|---------|------|------|

|    |                 |              |    |     |         |        |
|----|-----------------|--------------|----|-----|---------|--------|
| 1  | Logan Lindsay   | Charlotte Mi | 16 | 6   | 18:02.9 | 5:49/M |
| 2  | James Brinker   | Charlotte MI | 15 | 7   | 18:15.1 | 5:53/M |
| 3  | Mitch Cove      | Charlotte MI | 16 | 13  | 19:21.7 | 6:15/M |
| 4  | Nate Lovaas     | Charlotte MI | 17 | 15  | 20:10.2 | 6:30/M |
| 5  | Michael Finney  | Lansing MI   | 18 | 36  | 22:32.4 | 7:16/M |
| 6  | Cassidy Wilmore | Charlotte Mi | 17 | 46  | 23:01.6 | 7:25/M |
| 7  | Cooper Rush     | Charlotte Mi | 15 | 80  | 24:51.8 | 8:01/M |
| 8  | Andrew Garza    | Charlotte Mi | 15 | 101 | 25:58.4 | 8:23/M |
| 9  | Jeremy Kline    | Charlotte MI | 18 | 113 | 27:00.8 | 8:43/M |
| 10 | Max Mitschke    | Charlotte MI | 16 | 114 | 27:04.4 | 8:44/M |
| 11 | Nate Konopinski | Charlotte MI | 18 | 137 | 28:25.1 | 9:10/M |

## Male 20 to 24

| Place | Name                | City        | Age | Overall | Time    | Pace   |
|-------|---------------------|-------------|-----|---------|---------|--------|
| 1     | Jonathan Vanderberg | Muskegon MI | 24  | 96      | 25:51.7 | 8:20/M |

## Male 25 to 29

| Place | Name                | City            | Age | Overall | Time    | Pace    |
|-------|---------------------|-----------------|-----|---------|---------|---------|
| 1     | Michael Wilson      | Charlotte MI    | 25  | 10      | 19:06.1 | 6:10/M  |
| 2     | Joe Zimmer          | Charlotte MI    | 29  | 24      | 20:58.5 | 6:46/M  |
| 3     | Charlie Pantera     | Grand Ledge MI  | 29  | 25      | 21:00.3 | 6:46/M  |
| 4     | Matt Gardner        | Mason MI        | 29  | 42      | 22:47.7 | 7:21/M  |
| 5     | Darrell Vanderstelt | Eaton Rapids Mi | 28  | 44      | 22:55.6 | 7:24/M  |
| 6     | Adam Davis          | East Lansing MI | 27  | 47      | 23:02.5 | 7:26/M  |
| 7     | Alan Vandastalt     | Charlotte MI    | 25  | 55      | 23:18.3 | 7:31/M  |
| 8     | Aaron Shaver        | Nashville Mi    | 29  | 100     | 25:58.2 | 8:23/M  |
| 9     | Cody Burch          | Charlotte MI    | 26  | 164     | 31:08.0 | 10:03/M |
| 10    | Donald Whitney      | Bellevue MI     | 26  | 173     | 31:36.1 | 10:12/M |
| 11    | Jake Ketchum        | Battle Creek MI | 26  | 177     | 31:49.4 | 10:16/M |
| 12    | Tommy Harris        | Charlotte NC    | 28  | 179     | 31:50.1 | 10:16/M |

## Male 30 to 34

| Place | Name              | City           | Age | Overall | Time    | Pace    |
|-------|-------------------|----------------|-----|---------|---------|---------|
| 1     | Michael Poe       | Waterford Mi   | 32  | 11      | 19:09.7 | 6:11/M  |
| 2     | Corland McDiarmid | Lake Odessa Mi | 33  | 14      | 19:44.5 | 6:22/M  |
| 3     | Rex Reist         | Charlotte MI   | 30  | 18      | 20:29.5 | 6:36/M  |
| 4     | Matthew Marciniak | Lansing MI     | 31  | 31      | 21:39.7 | 6:59/M  |
| 5     | Brock Moore       | Charlotte MI   | 30  | 40      | 22:44.8 | 7:20/M  |
| 6     | Jason Monahan     | Jerome MI      | 31  | 84      | 25:16.8 | 8:09/M  |
| 7     | Kedron Rhodes     | Nashville Mi   | 32  | 93      | 25:48.6 | 8:19/M  |
| 8     | Nick Thompson     | Charlotte MI   | 30  | 111     | 26:51.3 | 8:40/M  |
| 9     | Daniel Lewis      | Durand Mi      | 34  | 167     | 31:19.9 | 10:06/M |
| 10    | Scott Quiring     | Charlotte MI   | 34  | 171     | 31:31.7 | 10:10/M |
| 11    | Charles Weaver    | Charlotte MI   | 30  | 176     | 31:48.4 | 10:15/M |

## Male 35 to 39

| Place | Name             | City           | Age | Overall | Time    | Pace    |
|-------|------------------|----------------|-----|---------|---------|---------|
| 1     | Jason Griffith   | Springport Mi  | 35  | 12      | 19:21.0 | 6:15/M  |
| 2     | Mike Blossom     | Woodland MI    | 37  | 20      | 20:37.9 | 6:39/M  |
| 3     | Matt Munson      | Charlotte MI   | 37  | 23      | 20:52.4 | 6:44/M  |
| 4     | Dale Clarke      | Clarksville MI | 39  | 38      | 22:39.2 | 7:18/M  |
| 5     | Philip Schadd    | Bad Axe MI     | 39  | 43      | 22:50.6 | 7:22/M  |
| 6     | Jess Lancaster   | Mulliken MI    | 35  | 59      | 23:34.9 | 7:36/M  |
| 7     | Karl Darin       | Livonia MI     | 38  | 71      | 24:05.0 | 7:46/M  |
| 8     | Andy Hazel       | Charlotte MI   | 37  | 77      | 24:43.0 | 7:58/M  |
| 9     | Brian Banko      | Charlotte MI   | 36  | 85      | 25:20.8 | 8:10/M  |
| 10    | Brent Crossman   | Charlotte MI   | 38  | 119     | 27:23.4 | 8:50/M  |
| 11    | Keith Darin      | Chicago IL     | 38  | 140     | 28:35.3 | 9:13/M  |
| 12    | Kenneth Julson   | Springport Mi  | 38  | 161     | 30:48.3 | 9:56/M  |
| 13    | Shane Lounsberry | Charlotte MI   | 36  | 169     | 31:21.7 | 10:07/M |

|    |             |                |    |     |         |         |
|----|-------------|----------------|----|-----|---------|---------|
| 14 | Joel Lubick | Potterville Mi | 38 | 175 | 31:46.5 | 10:15/M |
|----|-------------|----------------|----|-----|---------|---------|

## Male 40 to 44

| Place | Name             | City            | Age | Overall | Time    | Pace    |
|-------|------------------|-----------------|-----|---------|---------|---------|
| 1     | Dale Craft       | Bellevue MI     | 41  | 9       | 18:28.9 | 5:57/M  |
| 2     | Steve Usiak      | Charlotte MI    | 40  | 33      | 21:47.6 | 7:02/M  |
| 3     | Michael Clark    | Charlotte MI    | 42  | 37      | 22:32.8 | 7:16/M  |
| 4     | Rich Webb        | Eaton Rapids MI | 42  | 48      | 23:05.9 | 7:27/M  |
| 5     | Matt Kostrzewski | Lansing MI      | 44  | 57      | 23:26.6 | 7:34/M  |
| 6     | Todd Verhelle    | Eaton Rapids MI | 40  | 58      | 23:31.4 | 7:35/M  |
| 7     | Rob Anderson     | Potterville MI  | 40  | 67      | 23:53.5 | 7:42/M  |
| 8     | Andres Oviedo    | Charlotte MI    | 44  | 88      | 25:31.4 | 8:14/M  |
| 9     | Craig Coolidge   | Charlotte MI    | 41  | 97      | 25:55.1 | 8:22/M  |
| 10    | George Ayers     | Charlotte MI    | 40  | 107     | 26:24.5 | 8:31/M  |
| 11    | Chris Freiburger | Charlotte MI    | 42  | 133     | 28:17.8 | 9:07/M  |
| 12    | Jose Ybarra      | Charlotte MI    | 41  | 139     | 28:30.7 | 9:12/M  |
| 13    | David Schulte    | Jackson MI      | 41  | 166     | 31:14.1 | 10:05/M |

## Male 45 to 49

| Place | Name               | City            | Age | Overall | Time    | Pace    |
|-------|--------------------|-----------------|-----|---------|---------|---------|
| 1     | Jim McNelly        | Eaton Rapids MI | 49  | 21      | 20:38.4 | 6:39/M  |
| 2     | Frank Ingalls      | Mason MI        | 45  | 22      | 20:49.0 | 6:43/M  |
| 3     | Thomas Soderquist  | Sunfield MI     | 49  | 26      | 21:03.0 | 6:47/M  |
| 4     | Scott Konopinski   | Charlotte MI    | 47  | 30      | 21:27.9 | 6:55/M  |
| 5     | Jeff O'Bryant      | Mulliken MI     | 48  | 53      | 23:16.0 | 7:30/M  |
| 6     | Carl Parker        | Vermontville MI | 49  | 87      | 25:30.2 | 8:14/M  |
| 7     | Brad Scott         | Charlotte MI    | 46  | 126     | 27:58.3 | 9:01/M  |
| 8     | Steve Hanson       | Mason MI        | 49  | 150     | 29:50.4 | 9:37/M  |
| 9     | Randy Gerhardstein | Mason MI        | 46  | 182     | 32:37.9 | 10:31/M |

## Male 50 to 54

| Place | Name         | City            | Age | Overall | Time    | Pace   |
|-------|--------------|-----------------|-----|---------|---------|--------|
| 1     | Curt Lauck   | Eaton Rapids MI | 54  | 35      | 22:20.4 | 7:12/M |
| 2     | Matt Rush    | Charlotte MI    | 50  | 61      | 23:38.8 | 7:37/M |
| 3     | Steve Shaver | Charlotte MI    | 54  | 102     | 25:59.1 | 8:23/M |
| 4     | Joe Rathbun  | Lansing MI      | 52  | 120     | 27:25.7 | 8:51/M |
| 5     | Gary Lipsey  | Potterville MI  | 53  | 131     | 28:15.4 | 9:07/M |

## Male 55 to 59

| Place | Name            | City           | Age | Overall | Time    | Pace    |
|-------|-----------------|----------------|-----|---------|---------|---------|
| 1     | Randall Donohue | Charlotte MI   | 58  | 17      | 20:28.2 | 6:36/M  |
| 2     | James Ulrey     | Holt MI        | 58  | 28      | 21:06.6 | 6:48/M  |
| 3     | Chuck Pantera   | Grand Ledge MI | 55  | 49      | 23:07.4 | 7:27/M  |
| 4     | David Stierley  | Grand Ledge MI | 57  | 54      | 23:17.2 | 7:31/M  |
| 5     | Jim Klein       | Charlotte MI   | 59  | 60      | 23:37.3 | 7:37/M  |
| 6     | Dan Sandborn    | Portland MI    | 57  | 90      | 25:38.7 | 8:16/M  |
| 7     | Ted Furgula     | Charlotte MI   | 55  | 92      | 25:47.7 | 8:19/M  |
| 8     | Roger Shaffer   | Grand Ledge MI | 57  | 158     | 30:33.7 | 9:51/M  |
| 9     | Thomas Lipsey   | Fort Wayne IN  | 55  | 188     | 33:55.8 | 10:56/M |

## Male 60 and over

| Place | Name            | City           | Age | Overall | Time    | Pace    |
|-------|-----------------|----------------|-----|---------|---------|---------|
| 1     | Bill Stewart    | Ypsilanti MI   | 66  | 41      | 22:45.5 | 7:20/M  |
| 2     | Bob Brooks      | Lansing MI     | 66  | 103     | 26:05.3 | 8:25/M  |
| 3     | Frederick Darin | Charlotte MI   | 66  | 112     | 26:56.6 | 8:41/M  |
| 4     | Jack Carlton    | Grand Ledge MI | 67  | 117     | 27:21.5 | 8:49/M  |
| 5     | John Connors    | Charlotte MI   | 64  | 193     | 34:10.3 | 11:01/M |
| 6     | Ron Dorr        | Lansing MI     | 69  | 195     | 34:11.8 | 11:02/M |